

MONDAY

Anzac Biscuit (D,V)	50c
Gluten-Free Lemon Yoghurt Cake (GF,E,D,V)	\$2.00
Chocolate Muffins (E,D,V)	\$3.50
Blackberry Muffins (E,D,V)	\$3.50
Pizza (D,V) Gluten-Free & Vegan Available	\$2.50
Seasonal Fruit	50c/\$1.00

LUNCH

Pasta with Tomato Sauce (VG) Gluten-Free Available, pre-order before 11am	\$3.50
Salad Roll (VG)	\$5.00
Baked Potato, Butter, Sour Cream, Cheese & Coleslaw - Vegan available (D, GF,V)	\$8.00
Pizza (D,V) Gluten-Free and Vegan Available	\$2.50
Lettuce Salad (GF,D,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Coleslaw with Charred Corn (VG,GF) Cabbage, Carrot, Celery, Corn & Parsley	\$3.00

GF - Gluten free *please note traces of wheat may be present VG – Vegan
V- Vegetarian. E - Contains Egg. D - Contains Dairy. S - Contains Soy.
SS - Contains Sesame

All products are produced in a kitchen where wheat, sesame seeds, eggs and dairy products are present, traces of each allergen may be found in foods served.

TUESDAY

Anzac Biscuit (D,V)	50c
Whole Orange Cake (E,GF,V)	\$3.50
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Banana Bread with Cream Cheese Icing (E,D,V)	\$2.00
Scone with Jam & Cream (D,V)	\$3.00
Seasonal Fruit	50c/\$1.00

LUNCH

Stir Fry Vegetables with Rice Noodles (VG,S)	\$4.00
Kitchari Dahl (GF,D)	\$7.00
Served with Yoghurt, Chutney & Uttapam Flatbread	
Salad Roll (VG)	\$5.00
Pizza (D,V) Gluten-Free & Vegan Available	\$2.50
Lettuce Salad (GF,D)	\$3.00
Lettuce, Tomato, Cucumber, Fetta & Olives	
Chickpea Salad	\$3.00
Roasted Carrots & Onion, Corriander, Roasted Cauliflower, Currants & Mint (VG,GF)	

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WEDNESDAY

Anzac Biscuit (D,V)	50c
Rice Pudding (GF,D,V)	\$3.50
Apple Cake (E,D)	\$3.50
Sourdough Fruit Bun (VG)	\$3.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Seasonal Fruit	50c/\$1.00

LUNCH

Tofu Nori Hand Roll (VG,SS,S)	\$3.00
Tuna Nori Hand Roll (SS,Tuna)	\$3.00
Salad Roll (VG)	\$5.00
Pizza (D,V) Gluten-Free & Vegan Available	\$2.50
Lettuce Salad (D,GF,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Asian Noodle Slaw Salad (VG,GF,SS,S) Cabbage, Carrot, Celery, Corriander, Mint, Sesame Seeds Tofu, Cucumber, Noodles Rice or Buckwheat when avail.	\$3.00

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THURSDAY

Anzac Biscuit (D,V)	50c
Gluten-Free Lemon Yoghurt Cake (E,D,V)	\$2.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Chocolate Muffin (D,E,V)	\$3.50
Lemon Blueberry Muffin (E,D,V)	\$3.50
Seasonal Fruit	50c/\$1.00

LUNCH

Pasta with Tomato Sauce (VG) (Gluten-Free Available, pre-order before 11am)	\$3.50
Spinach & Fetta Roll (D,V)	\$5.00
Salad Roll (VG)	\$5.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Lettuce Salad (GF,D,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Quinoa Salad (VG, GF) Lemon, Parsley and Roasted Cauliflower	\$3.00

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FRIDAY

Anzac Biscuit (D,V)	50c
Carrot Cake with Cream Cheese Icing (D,E,V)	\$2.00
Chocolate Brownie (GF,E,D,V)	\$3.50
Coconut Cake with Berries (E,D,V)	\$2.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Seasonal Fruit	50c/\$1.00

LUNCH

Salad Rolls (VG)	\$5.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Calamari Ring (GF,D)	\$1.00
Lettuce Salad (GF,D,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Potato Salad (VG,GF)	\$3.00
Roasted Vegetable Salad (VG,GF) Pumpkin, Sweet Potato, Zucchini, Mixed Salad Leaves, Red Onion, Brussel Sprouts and Eggplant	\$3.00

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