

MONDAY

Anzac Biscuit (D,V)	\$.50
Gluten-Free Lemon Yoghurt Cake (GF,E,D,V)	\$2.00
Scone with Jam & Cream (D,V)	\$3.50
Blackberry Muffins (E,D,V)	\$3.50
Pizza (D,V) Gluten-Free & Vegan Available	\$2.50
Seasonal Fruit	50c/\$1.00/\$2.00

LUNCH

Pasta with Tomato Sauce (VG) (Gluten-Free Available)	\$5.00
Salad Roll (VG,M)	\$5.00
Vegetarian Lasagne (Gluten Free Available)	\$7.00
Pizza (D,V) Gluten-Free and Vegan Available	\$2.50
Lettuce Salad (GF,D,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Nature Jans Rice Salad (VG,GF,SS) Ginger, Zucchini, Spring Onion, Eggplant, Carrot, Red Capsicum, Black Sesame Seeds,	\$3.00

GF - Gluten free *please note traces of wheat may be present VG – Vegan
V- Vegetarian. E - Contains Egg. D - Contains Dairy. S - Contains Soy.
SS - Contains Sesame, M – Contains Mustard Seed

All products are produced in a kitchen where wheat, sesame seeds, eggs and dairy products are present, traces of each allergen may be found in foods served.

TUESDAY

Anzac Biscuit (D,V)	50c
Whole Orange Cake (E,GF,V)	\$3.50
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Banana Bread with Cream Cheese Icing (E,D,V)	\$2.00
Chocolate Banana Muffins (D,V)	\$3.50
Seasonal Fruit	50c/\$1.00/\$2.00

LUNCH

Stir Fry Vegetables with Rice Noodles (VG,S)	\$5.00
Kitchardi Dahl (D,GF,V)	\$7.00
Salad Roll (VG,M)	\$5.00
Pizza (D,V) Gluten-Free & Vegan Available	\$2.50
Lettuce Salad (GF,D)	\$3.00
Lettuce, Tomato, Cucumber, Fetta & Olives	
Chickpea Salad (GF,VG)	\$3.00
Chickpeas, Roasted Carrots, Onion, Corriander, Cauliflower, Currants & Mint	

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WEDNESDAY

Anzac Biscuit (D,V)	50c
Rice Pudding (GF,D,V)	\$3.50
Sourdough Fruit Buns (D,V)	\$3.50
Apple Cake (D,V,E)	\$3.50
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Seasonal Fruit	50c/\$1.00/\$2.00

LUNCH

Pumpkin Soup with Coconut, Ginger & Lemongrass (VG, GF)	\$7.00
Tofu Nori Hand Roll (VG,SS,S,M)	\$3.00
Tuna Nori Hand Roll (SS,Tuna, M)	\$3.00
Salad Roll (VG,M)	\$5.00
Pizza (D,V) Gluten-Free & Vegan Available	\$2.50
Lettuce Salad (D,GF,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Vietnamese Noodle Slaw Salad (VG,GF,SS,S,M) Cabbage, Carrot, Celery, Corriander, Mint, Sesame Seeds Tofu, Cucumber, Rice Noodles	\$3.00

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THURSDAY

Anzac Biscuit (D,V)	50c
Gluten-Free Lemon Yoghurt Cake (E,D,V)	\$2.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Chocolate Muffin (D,E,V)	\$3.50
Coconut Butter Cake with Berries (E,D,V)	\$2.00
Seasonal Fruit	50c/\$1.00/\$2.00

LUNCH

Pasta with Tomato Sauce (VG) (Gluten-Free Available, pre-order before 11am)	\$5.00
Falafel (3) with Tahini Sauce (VG,GF)	\$5.00
Salad Roll (VG,M)	\$5.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Lettuce Salad (GF,D,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Quinoa Salad (VG, GF) Lemon, Parsley and Roasted Cauliflower	\$3.00

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FRIDAY

Anzac Biscuit (D,V)	.50c
Carrot Cake with Cream Cheese Icing (D,E,V)	\$2.00
Chocolate Brownie (GF,E,D,V)	\$3.50
Lemon Blueberry Muffin (E,D,V)	\$3.50
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Seasonal Fruit	50c/\$1.00/\$2.00

LUNCH

Spanakopita (D,V)	\$6.00
Salad Rolls (VG)	\$5.00
Pizza (D,V) (Gluten-Free & Vegan Available)	\$2.50
Calamari Ring (GF,D)	\$1.00
Lettuce Salad (GF,D,V) Lettuce, Tomato, Cucumber, Fetta & Olives	\$3.00
Potato Salad (VG,GF)	\$3.00
Coleslaw with Charred Corn (GF,VG,M)	\$3.00

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